

# Make Me Feel

Choreographed by Maria Maag, DK

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Type of dance: Phrased ABC pop/funky, A: 32 counts 2 walls , B: 32 counts (3 x the same 8+8) 1 wall, C: 32 counts 2 walls.

Level: Advanced

Sequences: A, A, B, C, A, B, C, C, B, Tag, C, C, The End... ;-)-)

Music: Make Me Feel by Janelle Monae, Length 3:14

Intro: 16 counts from first beat (9 sec. Into track)

Tag: 4 counts after the 3rd B (facing 12:00), rock fw. R (1), recover L (2), rock back R (3), recover L (4).

Ending: After the 5th C part, the dance ends facing 12:00...stepping L next to R (32)...:-) :-)

## Part A

Counts	Footwork	You face
<b>1 – 8</b>	<b>Side step R pop heels, ball step R together L, cross step R snap R fingers R, ball cross R behind point L to L</b>	
1-2&	step R to R (1), pop both knees (2), step L next to R (&)	12:00
3-4	step R to R (3), step L next to R (4)	12:00
5-6&	cross R over L (5), snap R fingers R (6), step L to L (&)	12:00
7-8	cross R behind L (7), point L to L (8)	12:00
<b>9 – 16</b>	<b>Cross L over R, ¼ L coaster step back R, together L, out R with smooth hip, scissor cross L, ½ unwind R hitch R</b>	
1-2&	cross L over R (1), ¼ L step back R (2), step L next to R (&)	09:00
3-4	step fw. R (3), step L next to R (4)	09:00
5-6&	step R out with a hip bump R (5), step L to L (6), step R next to L (&)	09:00
7-8	cross L over R (7), ½ unwind R on L hitch R (8)	03:00
<b>17 – 24</b>	<b>Step back R, side rock L to L recover R cross L over R, ¼ L step back R, ¼ L, cross rock R recover L side R touch L next to R</b>	
1-2&	step back R (1), rock L to L (2), recover R (&)	03:00
3-4	cross L over R (3), ¼ L step back R (4)	12:00
5-6&	¼ L step L to L (5), cross rock R over L (6), recover L (&)	09:00
7-8	step R to R (7), touch L next to R (8)	09:00
<b>25 – 32</b>	<b>¼ L step L fw kick ball R point L to L, hip bump L + R, sailor step L touch R next to L</b>	
1-2&	¼ L step down L (1), kick R fw. (2), step R next to L (&)	06:00
3-4	point L to L (3), hip bump L (4)	06:00
5-6&	hip bump R (5), cross L behind R (6), step R to R (&)	06:00
7-8	step L to L (7), touch R next to L (8)	06:00

## Part B

Counts	Footwork	You face
<b>1 – 8</b>	<b>½ Hip roll R+L, back rock R ¼ ¼ L walk R+L fw.</b>	
1-2	Step R to R with hip roll back and R (1), touch L down (2)	12:00
3-4	Step down L with hip roll back and L (3), touch R down (4)	12:00
5&6&	rock back R (5), recover L (&), ¼ L step back R (6)	06:00
7-8	¼ L stepping down L (&), step fw. R (7), step fw. L (8)	06:00
<b>9– 16</b>	<b>Hip roll R+L, back rock R ¼ ¼ L walk R+L fw.</b>	
1–2	Step R to R with hip roll back and R (1), touch L down (2)	06:00
3-4	Step down L with hip roll back and L (3), touch R down (4)	06:00
5&6&	rock back R (5), recover L (&), ¼ L step back R (6)	12:00

7-8	¼ L stepping down L (&), step fw. R (7), step fw. L (8)	12:00
<b>17 – 24</b>	<b>Hip roll R+L, back rock R ¼ ¼ L walk R+L fw.</b>	
1-2	Step R to R with hip roll back and R (1), touch L down (2)	12:00
3-4	Step down L with hip roll back and L (3), touch R down (4)	12:00
5&6&	rock back R (5), recover L (&), ¼ L step back R (6)	06:00
7-8	¼ L stepping down L (&), step fw. R (7), step fw. L (8)	06:00
<b>25 – 32</b>	<b>Rock fw, R recover L, coaster step back R, walk ⅙ L walk ⅙ L shuffle ¼ L</b>	
1-2	rock R fw. (1), recover L (2)	06:00
3&4	step back R (3), step L next to R (&), step fw. R (4)	06:00
5-6	walk L ⅙ L (5), walk R ⅙ L (6)	03:00
7&8	⅙ L step fw. L (7), step R next to L (&), ⅙ L step fw. L (8)	12:00

### Part C

Counts	Footwork	You face
<b>1 – 8</b>	<b>Walk fw. R+ L, rock R recover L cross R, side L hitch R, ball cross side</b>	
1-2&	walk fw. R (1), walk fw. L (2), rock R to R (&)	12:00
3-4	recover L (3), cross R over L (4)	12:00
5-6&	step L to L (5), hitch R (6), step R down (&)	12:00
7-8	cross L over R (7), step R to R (8)	12:00
<b>9 – 16</b>	<b>Touch L behind R, unwind ½ L, swivel, step together, walk fw. R + L, mambo fw. R</b>	
1-2	touch L behind R (1), ½ L on R (2)	06:00
3-4&	sit in R hip and slightly bend knees (3), swivel both heels L (4), recover (weights on R) (&)	06:00
5-6-7	step L next to R (5), walk R fw.(6), walk L fw. (7)	06:00
8&	rock fw. R (8), recover L (&)	06:00
<b>17 – 24</b>	<b>Point back with body roll back, ball step back, step step on the spot, hip bump fw. back fw . sailor ¼ R</b>	
1-2&	point back R start body roll back (1), finish body roll stepping back R (2), step L next to R (&)	06:00
3-4&	step back R (3), step L next to R (4), step R next to L (&)	06:00
5-6-7	step fw. L with hip bump fw. on L (5), hip bump back R (6), step fw. L (7)	06:00
8&	⅙ R crossing R behind L (8), step down L (&)	07:30
<b>25 – 32</b>	<b>Cross hold ball cross hold, ball step step ¼ cross, chasse R</b>	
1-2&	⅙ R crossing R over L (1), hold (2), step L next to R (&)	09:00
3-4&	¼ R crossing R over L (3), hold (4), step L next to R (&)	12:00
5-6&	¼ R stepping fw. R (5), step fw. L (6), ¼ R stepping down R (&)	06:00
7-8&	cross R over L (7), step R to R (8), step L next to R (&)	06:00

Enjoy...:-)